



# La Boz

"THE VOICE" OF THE  
SEATTLE SEPHARDIC COMMUNITY SINCE 1970

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## Rabbi's Message

*By Rabbi Benjamin Hassan*



Dear Friends,

As we begin 2023 I would like to publicly thank outgoing Board Members from 2022. They are good friends and loyal servants of our Kahal. Sam Mezistrano, SBH president in 2018 and 2019, comes off the board having served as Immediate Past President or Grand Trustee for the past three years. Sam will continue to chair the religious committee, as well as helping behind the scenes with the synagogue accounting.

Bruce Mezistrano has been on the board for decades! I don't know if Bruce knows when he started! He's been involved in contract negotiations for me and Rabbi Varon over the years and has been a supportive ear and given Jack Schaloum much advice during his years as president. Alan Scharhon, a past president of SBH, has been involved with my contract renewals and helped in the early stages of the Strategic Plan. Like Sam and Bruce, Alan walks and breathes SBH and it is hard to imagine Alan not being involved in some capacity moving forward.

Judy Maimon has championed improving SBH youth, especially for our teens. She is transitioning from the board to be our in-house caterer. Judy catered a delicious Friday night dinner to over 200 people on December 9th when we enjoyed Scholar in Residence, Rabbi Dovid Gottlieb's classes. I encourage you to reach out to her to cater your lifecycle events as you celebrate them with us at

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SBH. We are sorry to see Beth Ann Varon come off the board. She has added to deliberations and decision making with great enthusiasm and wonderful ideas. I look forward to seeing what Beth Ann does next in the SBH community.

As we transition to the new Board of 2023, I want to thank President Jack Schaloum. He is always available to deal with time sensitive issues and has become a close friend. He handles sensitive matters with confidentiality and his sense of humor at difficult times has seen him become a close friend. I know he will take on his role of Grand Trustee with great alacrity as he continues to serve SBH and support President Miri Tilson and her Board. Please join us on January 21st for an enhanced Kiddush for the new Board.

I would like to thank Stan and Esther Morhaime for donating the Heichal (The Ark) in the Midrash (Weekday Sanctuary) in loving memory of Stan's parents, Isaac and Sophie Morhaime. If you would like to make a donation to SBH in memory of a loved one or plan a legacy gift, please be in touch.

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## Rabbi's Message

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There is much to be excited about for 2023. We have Aharona Gans, our new half time Youth Director who is working very hard to provide mentoring for our Madrichim (Youth Counselors), create meaningful content for Shabbat morning groups and have excellent Sunday and midweek Youth activities for all our different age groups. I hope you will join us for the Youth Shabbaton on January 6-7th so you can experience first hand all the great work being done by Aharona and the youth committee.

I will be going to the Prizmah Conference January 8-10. Prizmah is the network for Jewish Day Schools across North America. One of the main foundations of the strength of our community is the strength of our Day Schools so I am happy to attend this conference. When SBH partners with our day schools, we can see just how vibrant our community is, as seen most recently when NYHS co-sponsored the Rabbi Gottlieb Shabbaton in December.

As many of you know, I serve on several boards and committees in the community. I am proud to be the Samis Rabbinic Trustee. I will be going on a Samis trip to Israel Feb 19 - March 3 for all new Trustees with Rubissa Sharona. This trip will allow us to see first hand the incredible work of the Samis grantees. I look forward to sharing with you more about these trips soon.

These are exciting times for SBH as we come out of covid restrictions. There is a clear emphasis on greater community coexistence and working together with our sister synagogues and schools. You will see a ramp up of more programming for our youth and young families. More Friday night dinners and enhanced kiddushes are on the way! I encourage you to get involved and join your community in these exciting events. Join me in the many classes and learning opportunities we offer, and I invite you to reach out if you would like to get coffee and discuss how I can better serve you and our wonderful community.

Wishing you all good health, prosperity and enhanced community,

Rabbi Benjamin Hassan

## Connection to Israel

*By Rubissa Sharona Hassan*



Israel has always been the Promised Land, the ultimate destination of the Jewish people. Abraham is assured of the Jewish future in Israel by the Almighty. The Torah recounts the Exodus from Egypt and the ensuing journey to the land of Israel. This journey continues throughout our weekly readings, showing the Israelites' progress as they trek through deserts, fight battles and mold themselves into a nation. Each year, I want to be able to share their joyful and triumphant moment when they reach their goal, the land of Israel, promised to them by God. But each year on Simchat Torah, when we complete the reading of the entire Torah, I sigh at the realization the Israelites still have not reached their destination. This struggle of being physically disconnected from the Promised Land, just a spiritual goal, was reality for most of Jewish history. For the last seventy-five years, Israel has miraculously been an achievable vacation spot and home.

Where is Israel in your journey? Are you somewhat connected and hope to achieve an everlasting bond to Israel? Are you like the Israelites, with a destination that you know of but never connect with? Is it on your radar screen at all? Between the modern conveniences which facilitate an easy connection to Israel and the pervasive problem of anti-Zionism and anti-Semitism, knowing your connection to Israel is crucial.

I was standing in the check-out line of a store, when a stranger approached me and asked if I was Jewish and connected to Israel. Initially I felt intimidated, unsure of how to react. He shared his love for Israel, explaining that he was a refugee from Eritrea, East Africa. He traveled by foot through Ethiopia and Egypt, always with a real risk of attack, persecution, and starvation. Finally he made it through the Sinai desert and over the border into

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## Connection to Israel

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Israel. With tears in his eyes, he described how Israeli soldiers greeted him with hugs and food. Not only was he finally physically safe, with food and free of persecution, but also he finally had a sense of belonging. He lived in Tel Aviv for seven years, feeling connected to and supported by the society and culture. Israel wasn't his home or final destination but an incredible safe haven on his journey, a true refuge for a refugee. He knows his connection and eagerly shares it.

I have the great pleasure of leading JMOMS, Jewish Mothers of Metropolitan Seattle, which works with Momentum to bring women to Israel. Sometimes referred to as 'Birthright for Moms,' this free trip to Israel strives to empower participants in their Jewish identity. The time in Israel is followed by monthly learning. The journey of personal growth and connection begins in Israel and extends to Jewish homes in Seattle. If you would like to know more about this program, please reach out to me and look at our website, [www.jmoms.org](http://www.jmoms.org). Applications for the next trip close February 1st, 2023. So, if you know a Jewish mother with children still living at home who needs Israel in her journey, please connect them. They do not know their connection yet and will come to love it.

Last year, Cohava, my eldest, shared that she wanted her journey to be in Israel. More specifically, she articulated that her current trajectory, if successful, would be Seattle, a year or two on a gap program in Israel, college in New York, marriage, and a family in New Jersey. In order to make Israel the destination in her journey, she wanted to make it her home now. This is why she is overjoyed to be attending high school in Israel. She is pursuing her connection to Israel every day. Our community has several young adults, a few years older than Cohava, who are truly committed in their connection, as they serve in the IDF, the Israeli Defense Force.

Israel is the love and safe space I continue to visit on my life journey. It was my home and will be my home again. It is a frequent destination for my family and I plan to be there in February. I approach my

connection with a growth mindset, dedicated to learning more and traveling when possible.

In April, Jews around the world will celebrate Yom HaAtzmaut, Israel's Independence Day. This will mark seventy-five years of the miraculous recognition and continuity of the Jewish Homeland, the existence of what is Divinely promised to us. It does not happen in the Torah, in the time of great miracles, yet it happens with ease today.

Whether your connection to Israel is physical: actually being in the land; intellectual: through reading, podcasts, and learning-; monetary: contributing financially to Israel, or emotional: with art, film and thoughts-; find a way to make your Israel connection tangible. Strengthen your journey for yourself and share it with others. This momentous birthday must be appreciated by the entire Jewish world and understood by everyone. With growing anti-Semitism and anti-Zionism we need to know Israel's place in our journey, whether or not we are there, and to be able to share that understanding.





# President's Message

By Miri Tilson



Dear SBH Members,

I am humbled and overwhelmed by the encouragement, enthusiasm and love I have received since becoming President on December 18th. The incredibly talented Lea Almo Lipman, my lifelong friend and new board member, filmed, edited and produced a video of the presentation that VP Jack Gottesman and I gave at the membership meeting (it can be found on Facebook and YouTube), and it has been viewed hundreds of times and counting. I've received numerous emails, calls, texts and messages, and I can't put into words how much it means to me that people near and far would take the time, not only to watch, but to send a note of support. Among the many heartfelt messages, one in particular stands out, from Sylvia Azose Angel. I just recently met Sylvia at a Hadassah event my mom and I hosted this summer, and in addition to being related, we have so much in common. Here is what Sylvia wrote on my Facebook post:

Miri,

Now that I've seen your presentation on YouTube, I know that SBH is in good hands with yours and Jack's leadership. I applaud you for stepping forward and for taking your new role as the first female President of an [Sephardic] Orthodox Kehila, in Seattle, something I never thought I would see in my lifetime! I am so thrilled beyond belief, and I just know SBH will continue to grow under your leadership. Since your great grandfather, my great uncle, was the first Rabbi of SBH, and his brother Izak, my Papoo followed him, as the second Rabbi after his death, your leadership skills will be put to great use. I am also so pleased to hear that your great Aunt Rae, whom I adored, had the foresight to invest her hard earned dollars to will to SBH upon her death. What a kind, loving and thoughtful way she chose to honor her kehila.

Now I want to be an Associate Member, since I am that at Ezra Bessaroth, and also a long time member of Herzl Ner Tamid, since I moved back to Seattle in the early 1970s! I'm beaming with pride, and want to celebrate with you when life settles down later in the year!

Mashala poo poo, i mazal tov, Besos i abrasos ijika mia ♥ ! Sylvia Azose Angel

Another memorable message was a text from my 95 year old Papoo, Sol 'Mo' Azose (my self proclaimed unbiased and biggest fan):

Congratulations sweetie, your installation was the best I have ever seen. Best of luck, I am sure you will be successful. You made me feel very proud of you. If I had buttons on my jacket, they would have popped off I felt so proud!

I knew going into this role how much it meant to me, but I had no idea how much it would mean to others, and I am confident that these sentiments will help propel our synagogue forward in a positive way.

As Jack and I shared at the meeting, our plans are both ambitious and entirely achievable, and fall into four general categories: Spirituality, Fun, Food and Safety.

We are fortunate to have a dedicated and learned Rabbi, a talented and knowledgeable Hazzan, and a thoughtful and devoted Gabbay, who together, ensure that our services run like a well-oiled machine. We come to SBH to be spiritually connected and uplifted, and we couldn't do it without the strong foundation they maintain. Our plan is to build and strengthen our synagogue by expanding our programming with the help of our dynamic new Youth Director, Aharon Gans, providing delicious food prepared by our new in-house caterer, Judy Maimon, and ensuring the safety of our members and guests.

Safety is something I am passionate about. I am the proud mom of two adventurous boys, Doriel 13, and Eliyahu 'Aku' 11, and when they leave the house, I always say, "have fun, be safe." Sadly, as Jews today, we are living through scary times. Antisemitism is up over 400%, with 60% of violent hate crimes in the US against Jews, even though we make up just 2% of the population. Our beautiful and sprawling campus leaves us highly exposed in several ways. Our buildings have multiple points of entrance, and our parking lot is wide open. This summer, the police came and removed a car that had been parked in our lot with people living in it. A few months ago, a member stopped by on a Saturday night to grab something from the social hall kitchen, and in the short time that he ran inside and left his car running, it was stolen. Years ago, we had a security assessment done which resulted in increased external lighting, cameras, the use of only one door

## President's Message

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for entry, and a security guard. I have engaged with SAFE Washington through our friends at the Jewish Federation, and we plan to have a new assessment and apply for a grant from Homeland Security to help subsidize the cost of bringing our campus up to necessary safety standards. One thing we know for sure is that we need a fence around the campus. A fence is an obstacle for a possible threat, it allows kids to move around freely, and it keeps unwanted guests from using our parking lot. Our plans for the next two years and beyond are to pack the house on a regular basis, whether for youth events, family dinners, or high holidays, and it would be irresponsible to do so without providing the highest safety standards.

Another area of focus for the upcoming year is partnering with the various synagogues, schools, and organizations in our community and beyond. We know that there is strength in numbers, and when it comes to fun, it's always the more the merrier. While the size of our community may be modest, the quality of our community is rich and abundant. We look forward to more 'togetherness' to help strengthen our bonds and institutions, and by doing so, we are confident that it will lead to organic growth.

Now, enough about me and our exciting plans. None of this would be possible without you. We need

your feedback, your input, your support, your talents, your presence and participation. Professionally, I am a Financial Advisor at Morgan Stanley, along with my partner (and mom), Fortun Azose. We work closely in partnership with our clients, providing clarity and transparency as we offer strategic and personalized advice to help them achieve their financial goals. It is with the same skill set that I intend to lead our board as we navigate this new chapter in our synagogue's history. My ask of you is that you show up, you give of your time in a way that is meaningful to you, and you do your part as an active member. For some, this will mean driving over from the east side on a Saturday after not having been in synagogue for years. For some it will mean volunteering to bake for the bazaar, clean up after kiddush and seuda, or help with social media/marketing. And for others it will be joining a committee (there are plenty to choose from) or the board. Whatever it may be, your contribution is essential to the success and vitality of our synagogue, so I invite you to roll up your sleeves and join me. I look forward to hearing from you and seeing you soon in our warm and inviting synagogue.

With warmth and gratitude, wishing you anyada buena y dulce.

Your President,

Miri Tilson

miri.tilson@gmail.com

**New SBH President Miri Tilson! Welcome to the new 2023 Board!**

**Please scan the QR code below to watch the video on YouTube.**

**Picture on the right was taken at the Installation on December 18, 2022.**





# Meet the 2023 Board



**Steve Altchech** Steve Altchech is the son of Salvator & Mary Altchech. Steve and Diana have been married over 40 years and they are the proud parents of two kids, Marissa & Daniel. They have 2 beautiful grandchildren, Mila and Remy, with another one on the way. Steve's father, "Sol", was one of many Holocaust survivors who upon arriving in Seattle, joined SBH. It is because of this that it is so important for him to continue as an active member of SBH, to honor his father. Steve loves golfing and although he's not the greatest, he has 3 holes-in- one!



**Jack Azose** Jack Azose is the son of Isaac and Leah (Lily) Azose and a proud fourth generation member of SBH. Jack is a retired CPA and spent his entire 28 year career with Deloitte before retiring in 2016. While at Deloitte, Jack supported clients throughout the world including serving a five-year ex-pat assignment in Tokyo, Japan where he met his wife Kara. Jack and Kara currently live in Seward Park with their four year old son, Isaac. Jack enjoys cycling and traveling and is looking forward to working with the Board to make 2023 a memorable year for the SBH community.



**David Benezra** David Benezra joined SBH in 2008 after moving to Seattle from Anchorage, Alaska, where he grew up. And he owns and operates Norwest Insurance Agency, helping families insure their homes and cars. In addition to serving on the board of SBH, David also serves on the boards of SAC and NYHS. With their son Jacob at Yeshiva University, and their twins Joshua and Rebecca at NYHS, David and his wife Sigrid have their hands full for the next few years.



**Louise Chiprut Berman** Louise Berman is the daughter of Morrie and Susie Chiprut and the granddaughter of Behor Yehuda and Louise Azose Chiprut and Morris and Ester Touriel Oziel. One of the founders, Behor was the synagogue's first Gabbai. Along with her older brother and sister, Jerry and Esther, she attended the first Sephardic youth camp on Vashon Island. Louise is a semi-retired school counselor. Married to Leonard Berman, they have two daughters and two grandsons. One of Louise's goals is to leave a glimpse of our kehila for future generations through short stories.



**Cynthia Gamel** Cynthia Gamel is starting her third year on the SBH board. As a proud member since 2002, Cynthia currently chairs our Youth Committee. She and husband, Ilya Gamel, recently celebrated their 20 year anniversary. They have three children, Shimon (19), Joseph (17), and Paulina (15), and an adorable dog, Leo. Cynthia is a real estate agent with Windermere. When not volunteering at SBH, you can find Cynthia spending time with friends and helping out at other community organizations.



**Robert Gladstein** Robert Gladstein is the first born son of Marilyn Long and Sanford Gladstein. Robert became a member of SBH in 1990, after marrying his beautiful wife and long time SBH member, Leah Mezistrano Gladstein. Robert and Leah have been blessed with 3 wonderful children, Josh, Marilyn and Joe (and an incredible daughter-in-law, Gabbi). After 23 meaningful years in new home construction, Robert is in the midst of retiring and plans on investing his time with everything he is passionate about and loves including volunteering in many capacities at SBH, cooking for friends and family, traveling, running, dancing, learning, reading, golfing and loving life.



**Jack Gottesman** Jack Gottesman is the proud descendant of parents, grandparents and great-grandparents who were married at SBH. Jack works at IKO, a leading roofing materials manufacturer, and lives in Seward Park with his wife Marnina and their five children. He is proud of his Maimon and Scharhon family heritage and is thrilled to help build the future of our community.

# Meet the 2023 Board



**Laura Haleva** Laura is the daughter of Saralyn and Marvin (A'H) Negrin. Laura and her husband, Jason Haleva, have 3 children, Yaakov (13), Rena (11), and Rafael (9). Laura and Jason are both Sephardic Seattlites. Laura's great grandmother came from Rhodes (Franco) and great grandfather (Benezra) from Turkey in the early 1900's. In her spare time Laura likes to volunteer for SBH, especially on the Youth Committee. She also enjoys learning Torah, running and tennis. But most of all she loves spending time with family.



**Marci Hanan** Marci Hanan is one of many proud grandchildren of Mathilda and Benjamin Mezistrano, early founders of our beloved Sephardic Bikur Holim. Her parents (Leon and Sylvia Mezistrano) and grandparents distilled a strong and lasting love, appreciation and respect for our synagogue, community, and Sephardic culture. Marci has been married Tom Hanan, also from a long-time Seattle Sephardic family, for 33 years, with 3 blessed children, Aaron (28), Sarah (26), and Mari (21). Marci is honored to be a part of the board, continuing her family's dedication in ensuring that future generations will also be proud members of Sephardic Bikur Holim.



**Nisan Harel** Nisan Harel is the son of Shimon (A'H) and Judy Harel and son-in-law of Eli and Rebecca Almo. He and his wife, Janna Harel, have four boys, Aaron(13), Elie(11), Josh(9), and Jack(5). Nisan is the COO of Era Living, a retirement living company in the greater Seattle area. He was born and raised in Seattle and enjoys learning, playing sports, and spending time with family and friends.



**Lea Lipman** Born and raised in Seattle, Lea Almo Lipman is the daughter of Isaac and Velma (A"H) Almo. Lea is a proud alumni of our fine community schools, Seattle Hebrew Academy and Northwest Yeshiva High School. Lea is a graduate of Stern College, at Yeshiva University, where she majored in English, Communications and Marketing. After living in New York and Los Angeles, Lea was thrilled to move back to Seattle with her husband, Benjamin and two daughters, Victoria, age 11 and Lani, age 8. She enjoys her involvement in planning and orchestrating joyous community events. She is a dedicated volunteer, serving in leadership capacities on SHA's development committee and many city wide organizations. Lea enjoys theater, comedy and the arts. Lea is excited to join the SBH board and be involved in the dynamic future of SBH!



**Jack Schaloum** Jack Schaloum, son of Izak and Magda OBM has been a life long member of SBH. His son Michael is a college golf coach in Arizona. Jack was the synagogue's President for the last 3 years and has been on the board of the Holocaust Center of Humanity for several years. He has lectured at different schools and organizations telling his parents' story of their time in the Holocaust. He lives on Beacon Hill with his partner Lisa Nakamura, along with her two teenage boys, Samuel and Jack. He is co-owner (with his brother Henry) of Federal Army & Navy Surplus in downtown Seattle. Jack can also be seen at many local comedy clubs where he does stand-up comedy.



**Miri Tilson** Miri Azose Tilson is the daughter of Larry and Fortun Azose, and a proud 4th generation member of SBH. In addition to being a mother to her boys, Doriel 13, and Eliyahu 11, with her husband of 15 years, Benjay Tilson of Monsey, NY, Miri is a financial advisor at Morgan Stanley. Miri enjoys hosting and cooking for friends and family, volunteering for various community organizations and helping others any way she can.



**Ben Varon** Ben is the son of Mier (A'H) and Clemence (A'H) Varon. He is proud of his Varon/Baroh-Funis family heritage and his family's involvement with SBH. He also serves on the board of Sephardic Adventure Camp (SAC). Ben resides on the Eastside and has three children, Sarah, Rachel and Samuel. In his spare time he enjoys his family, golf, baking and traveling.



# Ain't No Mountain

By Jerry Mezistrano



The other day...well I can't actually believe it has been over three years since Jack Schaloum took over as President of Sephardic Bikur Holim. Hard to believe three years have gone by (I was only 67 years old then). Anyway, I want to thank Jack and his board for a job well done, better than "well" - excellently done.

I'm sure at times it was not easy being president of our congregation. Even under normal circumstances it can be taxing, but the last three years have been far from normal. Trying to orchestrate our Kal during Covid at times must have seemed like an insurmountable task. How many people can we allow in our synagogue, seating arrangements, do we sell the alliyas, how do we protect the hazzan when people are called to the teva? Everyone must wear a mask. How do we handle bar and bat mitzvas and weddings? These are just a few of the problems the last administration faced. Tough decisions had to be made but the protection of all our members was always their top priority.

I personally will miss Jack's announcements or, what I like to call, his half time speeches. Jack always addressed the congregation with a wonderful smile and great enthusiasm. It wasn't just our president announcing times and dates for the next events, but it was more like a coach rallying his team at half time. "Alright next week is Simchat Torah so everyone who wants to participate please sign up. It's going to be lit and the lunch afterwards is going to be off the wall," Jack declares. His statements were not just messages but more like proclamations. He got our congregation fired up. I was so moved I even I signed up to participate in Simchat Torah. Hey, no one told me there was an age limit.

Last Yom Kippur Jack was wearing a bright pink sport coat. I had a moment to talk to him and I said, "Nice coat, Jack. I didn't know the Temptations were in town." Jack gave me a great grin and said, "Ain't

no mountain high enough the S.B.H. can't handle." I am pretty sure that was a lyric to a Supremes song, but the message was well understood. There was nothing Jack and his board couldn't handle during trying times.

Speaking of boards...I would also like to acknowledge Bruce Mezistrano who is stepping down from the board after serving for the last 107 years. Bruce was vice president a number of times, as well as secretary, treasurer, sergeant at arms, and even sanitary engineer. Bruce did whatever was asked of him. Thank you, Bruce, for all your hard work and service.

Now we have a new slate of officers coming in with Miri Tilson as president. I believe this is the first time we have had a woman as president of our synagogue. Congratulations Miri, on breaking the glass ceiling. I really don't know Miri personally but if she is anything like her mother, Fortun Azose, I know she will be a real go-getter.

Now that we have a new regime, maybe they can do me a couple of favors. I'm tired of being on page fourteen of the La Boz (actually my first article was featured right after the Meldados). I have been writing these essays for the last ten years and I feel I deserve the cover. I am not asking for the entire cover with an eight by ten picture of myself, but at least half of it. Speaking of pictures. I was asked to send in a picture of myself for the newsletter. In one of the pictures, I looked like a young Gary Grant and the other Brad Pitt. Why did you choose this picture of me to display? Another thing. When can I use the company jet? Jack told me the S.B.H. has a time share jet. He wouldn't lie to me, would he?

Again, thank you Jack and others for an incredible job done in the last three years. Miri, I am sure you'll be outstanding president and I wish you and your board best of luck.

Lastly, since I am making wishes. I wish our entire congregation a happy new year. May the coming year be filled with good health and happiness for all...Amen.

Please send questions and comments to [jerrymezistrano@gmail.com](mailto:jerrymezistrano@gmail.com).

# Thanksgiving

An article by Dr. Judy Belsky (formerly Benoliel) writing about how Thanksgiving used to be celebrated by EB and SBH together.

My father loves the United States and especially the Pacific Northwest. He is deeply grateful for the freedom, opportunity and the natural beauty he finds there. He leaves his native city of Manchester, England after the Industrial Revolution stained its bucolic green spaces and surrounding rivers with factory smoke and smog.

We graft Jewish gratitude on to the day of Thanksgiving. When I am eleven, my dad and I leave the house filled with the sweet and savory fragrance of roasting and baking to attend special prayers at the synagogue started by Jews from the Isle of Rhodes. Our synagogue, a mile away, was founded by Jews from mainland Turkey. I know many of the families here. But beside us and a bit further back sits a row of lovely women silently weeping, their complexion darker than most of the Sephardim I know. As the congregation prays for the safety of the government that shelters us, they weep. Memorial prayers are said for lost loved ones. They weep. I imagine that as they weep, their tears turn their faces dark. For I am black but beautiful (Song of Songs).

Deep in gravitational pull to the grieving women, I ask my dad about them. He explains how the Nazis devastated the Jews of Rhodes and Salonika. These women cry for loved ones who were killed. I see their faces suffused with pain, inconsolable.

This evil surrounds us like a heavy mist. My breath is constricted. But somehow in the car on the way home with him, the air clears.

Over the years, I hear myself say: our family did not experience the Holocaust. Sephardic Holocaust discussions often turn to Salonika and Isle of Rhodes, leaving Turkey in a kind of pink twilight. My selective focus conceals the truth and its impact. What is the truth? Why did I wait decades to uncover it?

Turkey did not send Jews to the gas chambers. Racial laws ensued. They conscripted Jews to forced labor battalions; made tax laws that left them impoverished; forced them to leave their homes and relocate; bowed to Nazi demand that Turkey repatriate

their citizens abroad leaving them vulnerable to deportation to concentration camps. Stripped of statehood, many were sent to perish. In 1934 a series of pogroms occurred against the Jews, one in the town of Tikir Dag where my family had lived just ten years before. If my grandparents had remained there, the family might have been injured or killed. The government failed to intercede. As a consequence of violence, 20,000 Jews fled to Istanbul. In 1942, the ship Struma carrying Jews from Romania to Palestine stalled in Turkish waters. Refusing to grant them asylum, the Turks towed the ship north of Istanbul where Soviets torpedoed them. Of 769 aboard, one survived.

For Jews, during the war years, Turkey provided a shelter made of mesh. The holes kept getting bigger.

For six decades my fists clench over two hard rocks of history. Slowly released now, exposed to light, two palms open. I read the twin messages now in their proper order: Because my grandparents left Turkey to avoid their sons being taken to the Turkish army, we were spared when the Jews in Turkey were exposed to racial discrimination, starvation, violence, loss of citizenship if they dared leave. The slippery slope to Nazi Germany was never far away. But for this Grace of G-d's timing, we sailed safely to Seattle.

What does my refusal to integrate the two truths do for me? Does it keep me safe from trauma? Does it perpetuate a belief that I am Invulnerable? That I am separate from those who perished? Separated by an invisible mechtizta from the survivors?

Facing history, I face my fear. I am more alive. I am less avoidant. More afraid. And less afraid. Less self-protective. More vulnerable. More authentic, I stand before G-d, awakened in awareness of danger. With utter need and sheer gratitude my only offerings, I enter the present as never before. When I crack it open, I crack myself open. I chisel stone to reach me. The cold stone falls away and leaves a live, beating heart.

I float back to the Isle of Rhodes synagogue on Thanksgiving Day in 1958. I leave the seat beside my dad. I stand in front of the weepers. I stand there silently until the women understand I see them and I want to join them. They make a space for me by moving closer to each other. We cling to each other and weep together.

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Community Highlights



**January & February Anniversaries**  
*Munchos Y Buenos to all couples celebrating their anniversaries in January & February*

Jack & Sue Barokas (1/28/62) 61 yrs.  
Albert & Jeanne Maimon (1/5/64) 59 yrs.  
Rene & Beloria Levy (1/10/65) 58 yrs.  
Sam & Sharon Mezistrano (1/10/88) 35 yrs.  
Mitch & Cheryl Greene (1/24/88) 35 yrs.  
Albie & Vicki Moshcatel (1/9/89) 34 yrs.  
Simon & Amy Amiel (1/18/98) 25 yrs.  
Jon & Naomi Newman (1/10/04) 19 yrs.  
Jacob & Tanya Owen (1/16/05) 18 yrs.  
Steve & Tzipporah Wiens (1/19/09) 14 yrs.  
Elias Khabie & Sharon Arakanchi (1/29/11) 12 yrs  
Joseph & Michelle Mezistrano (1/21/13) 10 yrs.  
Wendy Bensussen & John Lefore (1/22/15) 8 yrs.  
Alberto Aguilar & Gabriella Spinoza (1/1/18) 5 yrs  
Yonah & Molly Reback (1/28/21) 2 yrs

\*\*\*

Bruce & Esther Caplan (2/1/1970) 53 yrs.  
Eli & Rebecca Almo (2/20/1977) 46 yrs.  
Morris & Helene Azose (2/20/1983) 40 yrs.  
Rabbi Chanan & Aharon Gans (2/19/2006) 17 yrs  
Benjamin & Miri Tilson (2/18/07) 16 yrs.



Community Highlights



**WELCOME TO OUR NEW AND RETURNING MEMBERS**

MARLA JEAN ANGEL  
JOEL & MAUREEN BENOLIEL  
VICTORIA ROSE CORDOVA  
RABBI CHANAN & AHARON GANS  
SCOTT MEZISTRANO & JEFF KAYE  
ALBERT & REBECCA MOSCATEL  
BRUCE CONDIOTTY

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**LUNCH**  
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**SEUDAT SHLISHT**  
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# Let's Get Physical

By Jerry Mezistrano

The other day...I was talking to my good friend Rochelle Alhadeff. It's always a pleasure to talk to her because she is one of the most positive people I know. No matter what is going on in her life, she is always upbeat. If you told her the world was going to end tomorrow, she would probably say, "well if that's the case, let's enjoy today." Another thing - she is always feeling fine no mater whatever health issue she is dealing with. I'm the same way. Who am I kidding? If I have a hangnail the whole world is going to hear about it.

Anyway, our conversation went something like this: "Jerry how are you feeling," she inquires. "I'm ok," I answer, "How are you doing, Rochelle?" I ask. Without hesitation she replies, "I'm doing great. You know Jerry as long as you got your health you got everything. You can have all the money in the world but what good is it going to do you if you're too sick to enjoy it?" she tells me. "You are absolutely right. Health is wealth. I agree totally with you," I tell her.

We chat for a short time and after I hang up, I start to question what have I being doing to improve my health? I have got to get my lazy butt back into the gym. Trying to get motivated is not easy and I've heard that if you get a buddy to work out with, you'll have far greater success. I have a friend who I shall just call Fred, or Pete, no let's go with Fred. Fred could afford to take off a few pounds. Actually, a lot of pounds. Although Fred claims he doesn't have a weight problem it's just water retention. Right, he is retaining Lake Michigan.

"Fred I was thinking we should start working out together. Maybe even hire a personal trainer? What do you think?" I ask. "Great idea, Jerry. Have you heard about that new gym that sends trainers to your door unannounced?" he says. "What are you talking about?" I reply. "Yeah, it's called 'Jehovah's Fitness,'" he says. "Fred, I'm serious," I tell him. "So am I," he says, "I had a personal trainer I once shared with a



lady friend of mine. I remember her asking the trainer if he could help her learn to do the splits? Maybe the trainer asked, 'how flexible are you?' You know what she said?" he asks. Before I can answer he tells me, "The woman said, 'I can't do Tuesday or Thursday.'" Oh god. Just kill me now. Maybe Fred wasn't the right choice? I think I'll give Pete a call.

"Pete, why don't you and I start going to the gym together on a regular basis? We can start out slow, you know, maybe about twenty minutes of stretching and bending?" I say. "I already do that. It's called getting dressed. It's going to be a while before I will be able to work out. I threw my back out a couple of weeks ago at a party," he explains. "Let me give you a little piece of advice," he adds, "At our age no matter what the song says do not twist again like we did last summer." So much for Pete's involvement.

I remember reading somewhere, "If you want to be successful in your endeavors learn from the patterns of people who have already done it." This got me thinking about my father who lived to the age of ninety-nine. I doubt if my father ever realized it but he did everything right. He ate right (lots of fruits and vegetables), kept his mind sharp, and exercised. I recall taking my father to the doctor when he was in his early nineties. My father had a list of problems to share with his physician. When he was done the doctor said, "Morris at your age the best advice I can give you is just keep moving."

Well, I guess if I am going to get in shape, I am going to have to be a self-starter and do it on my own. I've always heard when you first start off you need to take it slow. I sat down on one of the weight machines and did ten quick reps. Then I said to myself I need to rest a little. Don't rush it between the next set. Maybe I waited too long because I started to doze off. How much slower can I take it?

My next visit to the gym I walked in and set my gym bag down in a cubby. Years ago, I put this Marine sticker on my bag for inspiration. I had just finished one set when this guy comes up to me and asks if that is my gym bag. I tell him it is and he gives me a fist bump and says Semper Fi (always faithful), the Marines motto. It's takes me a minute

(Continued on Page 13)

Thank you to Hazzan Ike Azose for providing these historic memories.



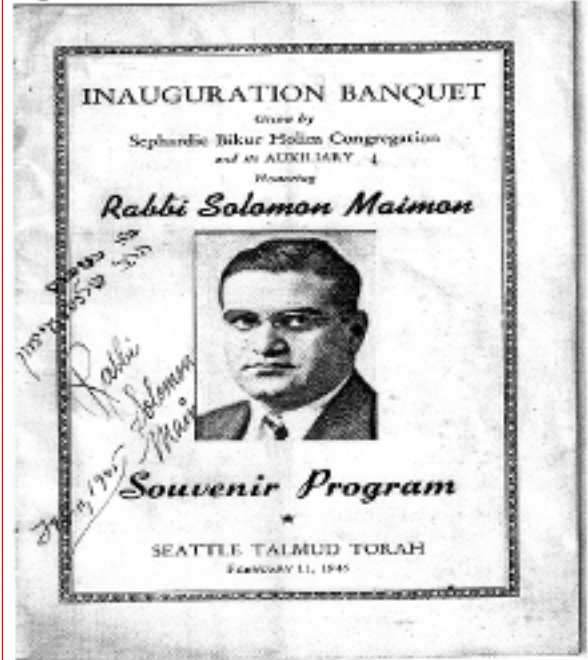
Property of University of Washington Libraries, Special Collections Division.  
Sephardic Bikur Holim choir, 1931 or 1932.

Bottom row (L to R): Solomon Maimon, Isaac Levy, Leon Israel, David Romey

Second row: Unknown, Solomon Halfon, Joseph Benezra

Back row: Shaya Romey, Vic Condiotty

## Rabbi Solomon Maimon Inauguration Banquet Souvenir Program



# Let's Get Physical

(continued from page 12)

to comprehend what has just happen. Finally, I respond, "Semper Fi, my brother." Yeah, for thirty seconds I'm one of the few, the proud, a Marine. Little does he knows that I was a clerk typist in the Army for two years and my only brother is my twin Dr. Rene Levy (I know we don't look alike. We are not identical). I've continued to go to the gym, but I must admit I haven't been too consistent. However, going once in a while is better than nothing. Hey, what about you?

One last thing we need to ask ourselves - is exercise the panacea for all our problems? Of course not, but think of this: getting old is just not a matter of age, it's the lack of movement. So, get moving!

Please send questions and comments to [jerrymezistrano@gmail.com](mailto:jerrymezistrano@gmail.com).

# Tributes:

**Humash**  
**In honor of**  
**Benjay & Miri Tilson, In appreciation for all your help**  
 Norman & Carole Azose  
**Dori Tilson, Mazal Tov on Bar Mitzvah and celebrating 4 generations**  
 Norman & Carole Azose

**Prayer Book**  
**In honor Of**  
**Eugene Normand's 80th Birthday**  
 Sol (Mo) Azose  
**Victor & Regina Amira's 70th Anniversary**  
 Sol (Mo) Azose  
**Beloria & Rene Levy's Special Birthdays**  
 Esther & Eugene Normand  
**In Memory Of**  
**Allyn Adatto**  
 Aviva Shefa  
**David Benveniste**  
 Lily De Jaen  
**Nate Grinspan**  
 Benjamin & Lea Lipman

**Endowment Fund**  
**In Honor Of**  
**The Wedding of Ashley Okrent and Marcus Babani**  
 Richard Okrent  
**Al Maimon, with gratitude for your help**  
 Irene Matalon and Pierre Florentin  
**In honor of the Bat Mitzvah of Jacky Varon and the Bar Mitzvah of Max Varon**  
 Sandy Varon

**In Memory Of**  
**Nathan Grinspan**  
 Sharon Babani

**Chai Fund**  
**In Memory Of**  
**Kris Baruch**  
 Helene Behar

**Irving Calvo Youth Fund**  
**In Honor Of**  
**Victor Amira, Happy 91st Birthday**  
 Mordo De Jaen  
**Victor & Regina Amira, Happy 70th Wedding Anniversary**  
 Mordo De Jaen  
**Larry Almo and family**  
 Mordo De Jaen

**In Memory Of**  
**Dave Benveniste**  
 Mordo De Jaen  
**Israel De Jaen**  
 Mordo De Jaen

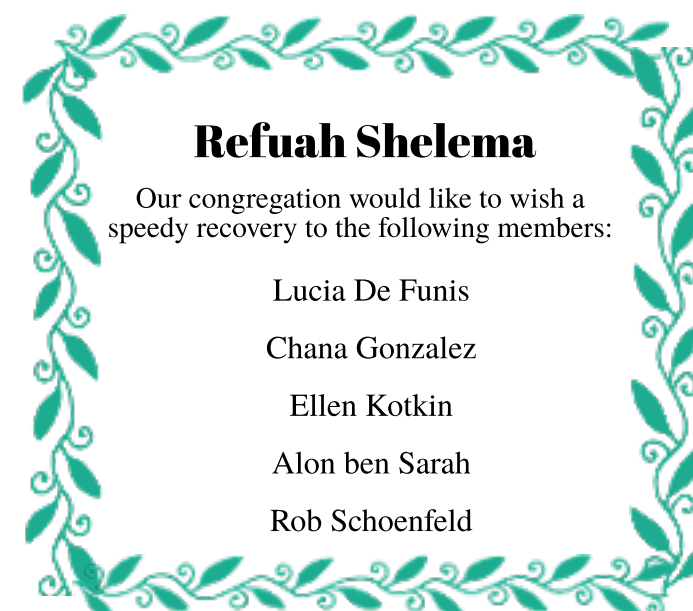
**General Fund**  
**In Honor Of**  
**Eli Almo's 70th Birthday**  
 Rachel Vaillancourt  
**Victor & Regina Amira's 70th Wedding Anniversary**  
 Lily De Jaen  
 Rachel Vaillancourt  
**Birth of Great-Grandson to Leah Amyakar, Mazal tov to parents Daniel & Heather Amyakar, grandparents David & Wendy Amyakar**  
 Belinda Hirsch  
**Ben Babani, in honor of 8 years of service as President of Seattle Sephardic Brotherhood**  
 Jon Calvo  
**Jerry Baroh's special Birthday**  
 Alan & Marie Scharhon  
**Rabbi Simon Benzaquen**  
 Al & Roz Bornstein  
**Robert Gladstein, The Simhat Torah lunch was great and we are sincerely grateful for all you do for SBH.**  
 Stan Handaly and Pamela Goral  
**Congratulations to William & Darlene Hickman on retirement home**  
 Sara Blumenzweig & family  
**Beloria Levy's special Birthday**  
 Lynne Behar  
 The Devine and Benezra Family  
**Rene Levy's 80th Birthday**  
 Rachel Vaillancourt

# Tributes:

**Esther Chiprut Kahn and the entire Chiprut family. Thank you SBH for your lovely Sukkot hospitality.**  
 Rachel & Sam Blum  
**Hakarat Hatov to your beautiful community and to Isaac Varon and Susan Marks**  
 Avi Greengart

**In Memory Of**  
**Allyn Adatto**  
 Stan & Esther Morhaime  
**Vivian Adatto**  
 Roz Bornstein  
**Salvator Altchech**  
 Mary Altchech and family  
**David Ray Azose**  
 Larry & Janet Jassen  
**Roza Basseri**  
 Larry & Janet Jassen  
**Rev. Samuel Benaroya**  
 Sam Amiel  
**Jeff Benezra**  
 Rachelle Mezistrano  
**David Benveniste**  
 Bruce & Esther Caplan  
 Stuart & Karen Epstein  
 Stan Handaly & Pamela Goral  
 Victor Halela  
 Alan & Marie Scharhon  
 Seattle Sephardic Brotherhood  
**Laurie Berman-Weinsoft**  
 Alan & Marie Scharhon  
**Manney & Evelyn Berman**  
 Louise & Leonard Berman  
**Ludwig Bravmann**  
 Mo & Helene Azose  
**Leo Calvo**  
 Jack & Sue Barokas  
**Morrie & Susie Chiprut**  
 Louise & Leonard Berman  
**Barbara Cordova**  
 Alan & Marie Scharhon  
**Israel De Jaen**  
 Lily De Jaen  
**Leon Goodman**  
 Rachelle Mezistrano  
**Rabbi Gottesman**  
 Jack Gottesman

**Sam Haleva**  
 Alan & Marie Scharhon  
**Tara Halfon Franco**  
 Donna Amira  
 Larry & Janet Jassen  
**Jeff Jassen**  
 Larry & Janet Jassen  
**Robert Johnston**  
 Aimee Johnston  
**Ruth Marcus Kanter**  
 Lily De Jaen  
**Arthur Laszlo**  
 Leonard & Louise Berman  
**Rachelle Meyer**  
 Rachelle Mezistrano  
 Louise Angel Kiss & Charles Kiss  
**Sophie Morhaime**  
 Alan & Marie Scharhon  
**David M. Muscatel**  
 Luann Bertram  
**Fannie Roberts**  
 Morton Roberts  
**Leon Sutton**  
 Alan & Marie Scharhon  
**Harry B. Varon**  
 Pearl L. Varon  
**Mier B. Varon**  
 Pearl L. Varon





# Meldados

Julia Jerusalemi Diana Azose Rosie Maimon	Mother ESTHER bat SARA (Esther Scharhon)	8 Tevet Sun Jan 1	Steve Abolafia Joseph Abolafia Vicki Lynn Babani	Mother BATSHEVA bat VICTORIA (Betty Abolafia)	19 Tevet Thurs Jan 12
Michael Benzikry	Sister ORLI bat RUBY (Orli Levy)	8 Tevet Sun Jan 1	Annette Hasson Rachelle Mezistrano Marilyn Mezistrano	Sister Sister-in-law RIVKA bat EDA (Beverly Mezistrano)	19 Tevet Thurs Jan 12
Isaac Almo Jack Almo Lea Lipman	Wife Mother ZELDA RACHEL bat MACHLA (Velma Almo)	9 Tevet Mon Jan 2	Albert Ovadia	Father YITZHAK ben ROSA (Isaac Ovadia)	19 Tevet Thurs Jan 12
Barbara Calvo	Husband SHELOMO ben MAZALTOV (Sidney [Stan] Calvo)	9 Tevet Mon Jan 2	Michelle Mezistrano	Father SHEMUEL SHLEMA ben BLUMA (Samuel S. Alt)	21 Tevet Sat Jan 14
Dave S. Azose	Mother MIRIAM AMADA bat RIVKA (Miriam Amada Azose)	10 Tevet Tues Jan 3	David Israel	Grandmother FLORENCE bat SARA ALKANA (Florence Shomaria Israel)	21 Tevet Sat Jan 14
Leo Benzra David Benzra	Father HAYIM ELIYAHU ben SARA (Henry Benzra)	10 Tevet Tues Jan 3	Larry Adatto	Cousin YOSEF ben RIVKA (Rick Leavill)	21 Tevet Sat Jan 14
Morris Benveniste	Father NESSIM ben ESTHER (Sam Benveniste)	10 Tevet Tues Jan 3	Jeff Kaye	Mother ZISSEL bat RACHEL (Sylvia Kaye)	22 Tevet Sun Jan 15
Lilly De Jaen Mordo De Jaen Albert De Jaen	Mother SULTANA bat LEAH (Sultana DeJaen)	10 Tevet Tues Jan 3	Jack M. Calvo Esther Maimon	Brother YITZHAK ben SEMA (Irving Calvo)	23 Tevet Mon Jan 16
Victor Halela	Daughter MERCADA BAT SARA (Stacy J. Halela)	10 Tevet Tues Jan 3	Rachel Vaillancourt	Brother SEMAIA ben ESTHER (Semia Serraf)	23 Tevet Mon Jan 16
David Naggar	Brother YOSEF ben CHANA (Alan Joseph Naggar)	12 Tevet Thurs Jan 5	Victor C. Amira	Brother ELIYAHU ben SULTANA ESTHER (Leo C. Amira)	24 Tevet Tues Jan 17
Peggy Maimon	Father EFRAYIM ben SARAH (Frank Mutal)	13 Tevet Thurs Jan 5	Betsy Babani	Father YOSEF ben FRADYA (Cantor Joseph Frankel)	25 Tevet Wed Jan 18
Victor C. Amira	Mother SULTANA ESTHER bat RAHEL (Esther Amira)	14 Tevet Sat Jan 7	Marie Scharhon	Aunt BE'AH bat MAZALTOV (Belle Ovadia)	25 Tevet Wed Jan 18
Larry Adatto	Brother YOSEF ben MALKA (Joseph Gerald Adatto)	15 Tevet Sun Jan 8	Larry Jassen	Father YEHEZKEL ben SHEYNA FRUMA (Charles Jassen)	26 Tevet Thurs Jan 19
Lawrence Clayman	Mother MIRIAM bat SARA (Miriam Zimmerman)	15 Tevet Sun Jan 8	Susan Richardson	Husband YOSEF YISRAEL ben AVRAHAM AVINU (Rick Richardson)	28 Tevet Sat Jan 21 (11 mos.)
Jeff Merriman- Cohen	Grandfather SHEMUEL ben SARAH (Samuel Coleman)	17 Tevet Tues Jan 10			

# Meldados (continued)

Edward David Blum	Father BEREL ben MEIER v MALKA (Bennet Blum)	28 Tevet Sat Jan 21	Sol L. Azose	Father ELIYAHU ben RAHEL SINYURU (Leo Azose)	4 Shevat Thurs Jan 26
Dave S. Azose David Altaras	Aunt DONA bat RIVKA (Dona Leonard)	28 Tevet Sat Jan 21	Lidia De Funis	Husband MORDEHAI ben RUT (Marco DeFunis)	4 Shevat Thurs Jan 26
Congregation	Rabbi of SBH HARAV AVRAHAM ben KADUN (Rabbi Avraham Maimon)	28 Tevet Sat Jan 21	Louise Berman	Mother SULTANA bat ESTHER (Susie Oziel Chiprut)	5 Shevat Thurs Jan 26
Donna Amira	Father GAVRIEL ben SULTANA (Gabriel Amira)	28 Tevet Sun Jan 22	Jack Haleva	Cousin AHARON ben REINA (Harry Haleva)	6 Shevat Sat Jan 28
Stanley Bensussen	Father YOM TOV ben ESTREYA (Tom Bensussen)	28 Tevet Sun Jan 22	Vivian Blum	Father YISAHAR ben HANA HACHOHEN (Fred Fritz Kahn)	6 Shevat Sat Jan 28
Rick Eskenazi	Father AVRAHAM ben KADUN (Albert I. Eskenazi)	28 Tevet Sun Jan 22	Albert Moshcatel Michael Moshcatel	Father YAAKOV ben RIVKA (Jack Moshcatel)	6 Shevat Sat Jan 28
Bernice Belur	Husband YAAKOV ben RAHEL (Jack Belur)	1 Shevat Mon Jan 23 (9 mos.)	Morton Roberts	Father YEHUDA ben ESTER (Jules Roberts)	6 Shevat Sat Jan 28
Jon Calvo Justin Calvo	Mother Grandmother DIAMANTE bat RAHEL (Dorothy Calvo)	1 Shevat Mon Jan 23	Larry Bensussen	Mother RIVKA bat RAHEL LEAH (Rebecca Bensussen)	7 Shevat Sun Jan 29
Frank Funis	Brother AVRAHAM ben AMADA (Alan Funis)	1 Shevat Mon Jan 23	David Israel	Grandfather YEHUDA ben RIVKA (Leon Behar)	7 Shevat Sun Jan 29
Lawrence Viesse	Father AVRAHAM ben VICTORIA (Albert Viesse)	1 Shevat Mon Jan 23	Steve Calvo	Father SHEMUEL ben BEYA (William S. Calvo)	7 Shevat Sun Jan 29
Jerry Adatto	Father YITZHAK ben SARA (Isaac Adatto)	2 Shevat Tues Jan 24	Jack Cordova	Mother LEAH bat MAZAL TOV (Laura Cordova)	7 Shevat Sun Jan 29
Sally Halfon	Father YAAKOV ben MAZAL TOV (Jack Halfon)	2 Shevat Tues Jan 24	Pearl Louise Varon	Mother LEAH bat PERLA (Leah Varon)	7 Shevat Sun Jan 29
Simon Amiel Sam Amiel	Grandmother LEAH bat RAHEL (Lisa Benaroya)	3 Shevat Wed Jan 25	Diane Aboulafia David Aboulafia Albert Aboulafia	Father ELI ben MAZALTOV (Elie D. Aboulafia)	10 Shevat Wed Feb 1 (9 mos.)
Billy Calvo Sue Barokas	Mother KALO bat SULTANA (Callie Calvo)	3 Shevat Wed Jan 25	Sara Blumenzweig Cecile Blumenzweig	Mother Grandmother YAFFA bat HELEN (Yaffa Cohen)	10 Shevat Wed Feb 1
Sharon Adatto	Mother RUT bat SHAYNDEL (Ruth Samter)	3 Shevat Wed Jan 25	Lilly De Jaen	Uncle AHARON ben LEAH (Aaron Policar)	10 Shevat Wed Feb 1

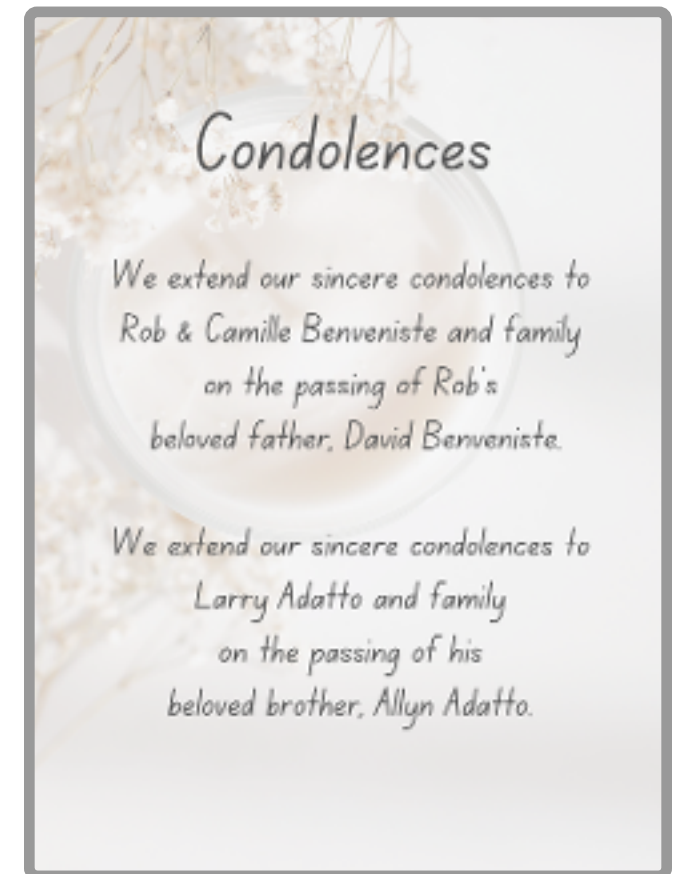


## Meldados (continued)

David Altaras	Brother YAAKOV ben SARA (Jack R. Altaras)	11 Shevat Thurs Feb 2	Marilyn Stalcup	Mother RIVKA bat ESTRAYA (Beckie Stalcup)	20 Shevat Sat Feb 11
Jon Calvo	Father SHEMUEL ben KADUN (Samuel W. Calvo)	11 Shevat Thurs Feb 2	Steven B. Hartholz	Mother ETA DAVA bat HASIDA (Elaine Hartholz)	21 Shevat Sun Feb 12
Stanley Morhaime Suzanne Morhaime	Mother SIMHA bat SARA (Sophie Morhaime)	12 Shevat Thurs Feb 2 (7 mos.)	Ron Calderon	Brother SADIK ben KADEN (Dick Calderon)	22 Shevat Mon Feb 13
Albert Angel	Mother DINA bat ESTER (Dina Angel)	12 Shevat Thurs Feb 2	Vivian Blum	Mother ESTER bat BOHORA KADUN (Esther Chiprut Kahn)	22 Shevat Mon Feb 13
Lori Gamel	Father FIVAL ben Pauline Devorah (Philip Elliott)	12 Shevat Thurs Feb 2	Leon B. Mezistrano	Wife	23 Shevat
Ty Baruch Donna Levons	Mother RAHEL bat BEHORA RIVKA (Rachel Baruch)	13 Shevat Sat Feb 4 (7 mos.)	Bruce Mezistrano	Mother	Tues Feb 14
Mitch Greene	Mother HAYA PEARL bat ETHEL (Irene Pearl Greene)	13 Shevat Sat Feb 4	Marci Hanan	Mother	
Albert S. Maimon Esther Normand Vicki Schain	Father Father Father BENSION NISSIM SHALOM ben VIDA SULTANA (Bension Sam Maimon)	13 Shevat Sat Feb 4	Scott Mezistrano	Mother	
Marlene Piha Samuel Piha	Daughter Sister VIDA LUNA bat MAZALTOV (Vicki Lynn Ashberg)	15 Shevat Mon Feb 6	Rachelle Mezistrano	Sister SARA bat MIRIAM (Sylvia Mezistrano)	
Jack Cordova	Uncle NISSIM ben MAZALTOV (Nick Cordova)	16 Shevat Tues Feb 7	David Shayne	Father YITZHAK ben MALKA (Irwin Shayne)	24 Shevat Wed Feb 15
Rabbi Benjamin Hassan	Grandfather SHELOMO ben MAKNIN (Solomon Hassan)	16 Shevat Tues Feb 7	Regina Amira	Mother MAZALTOV bat RAHEL (Matilda Barkey)	25 Shevat Thurs Feb 16
Jack Cordova Jeff Cordova David Cordova	Wife Mother BELLA bat DORIS (Barbara Cordova)	18 Shevat Thurs Feb 9 (11 mos.)	Wendy Bensussen	Mother ESTER bat SHIFRA (Estelle Bensussen)	26 Shevat Thurs Feb 16
Rinah Benoliel	Father YOSEF ben HARAV TZVI HIRSCH (Joel Cohen)	19 Shevat Thurs Feb 9 (11 mos.)	Rabbi Benjamin Hassan	Father REFAEL YITZHAK ben CLARA (Isaac Hassan)	26 Shevat Thurs Feb 16
Fortun Azose	Mother DEVORAH bat BENVENITA (Dora Sayag)	19 Shevat Thurs Feb 9	Victor C. Amira	Father SHELOMO CHELEBON ben ROSA (Charles Amira)	27 Shevat Sat Feb 18
			Ronald Behar Jay Behar	Mother Grandmother ALLEGRA bat SARA (Allegra Behar)	27 Shevat Sat Feb 18
			Ruth Haleva Jack Haleva	Husband Uncle SHEMUEL ben LUNA (Sam Haleva)	28 Shevat Sun Feb 19 (9 mos.)
			Susan Richardson	Husband YOSEF YISRAEL ben (Rick Richardson)	28 Shevat Sun Feb 19 (12 mos.)

## Meldados (continued)

Marilyn Stalcup Michelle Almoslino	Grandmother ESTRAYA bat SARA (Estraya Almoslino)	28 Shevat Sun Feb 19	Michelle Almoslino	Grandmother MALKA bat KATHERINE (Mollie Hecht)	6 Adar I Mon Feb 27
David Israel	Grandfather HAIM ben LEAH (Victor Israel)	28 Shevat Sun Feb 19	David Balint	Mother ETA LILA bat SARA (Edith Klein Balint)	7 Adar II Tues Feb 28
Fortune E. Eskenazi	Husband YAAKOV ben KADUN (Jack Eskenazi)	29 Shevat (7 mos.)	Tillie Amon	Mother RIVKA bat DONNA (Henrietta Hasson)	7 Adar I Tues Feb 28
Rosie Maimon David Maimon Sally Maimon	Husband Father Brother AVRAHAM ben REGINA (Albert J. Maimon)	29 Shevat Mon Feb 20	Jeff Kaye	Father MOSHE SHALOM ben ELKE PEREL (Myles Kaye)	7 Adar I Tues Feb 28
Rabbi Benjamin Hassan	Grandmother CLARA bat BATSHEVA (Clara Hassan)	30 Shevat Tues Feb 21	Rabbi Frank Varon	Mother SULTANA bat MAZALTOV (Sally Varon)	7 Adar II Tues Feb 28
Leonard Rose	Father YEHUDA ben DEVORAH (Louis Rose)	30 Shevat Tues Feb 21			
Steve Policar	Mother RAYE bat ESTER (Raye Alhadeff Policar)	1 Adar II Wed Feb 22			
Rabbi Benjamin Hassan	Grandmother BELLA bat RAHEL (Bella Cooper)	3 Adar II Thurs Feb 23			
Victor Halela	Niece MERKADA bat KADUN (Madeline Piver)	3 Adar II Thurs Feb 23			
Esther Caplan Alan Scharhon Julia Jerusalemi Diana Azose Rosie Maimon	Father Father Brother AZARIA ben ESTER (Azaria Scharhon)	3 Adar II Thurs Feb 23			
Arlene Moscatel Sam Moscatel Albert Moscatel	Husband Father NISIM ben CALO (Neiso Moscatel)	5 Adar Sun Feb 26 (7 mos.)			
Leonard & Louise Berman	Son MENAHEM ben KADUN (Manney Chiprut Berman)	5 Adar II Sun Feb 26			
Michael Freund	Mother LEAH bat ZIMBUL (Lucy Freund)	6 Adar II Mon Feb 27			
Alon Israeli	Father ARYEH ben FREDA (Aryeh Israeli)	6 Adar I Mon Feb 27			





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La Boz – Volume XLIV No. 1  
January/February 2023  
TEVET/HESHVAN 5783

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Community Life in Pictures



Heading into Hanukah!

at the home of Terry & Dave Azose (left)

Hanukah Youth Candle - Making (below)





Great SBH  
Hanukah Party!!





# Community Life in Pictures



**Reptile Man  
on October 30, 2022**

